

# Greater Heights Clubhouse

Issue No.16 | April 2025



### **Mission Statement:**

The BCS Greater Heights Clubhouse is a community-based rehab program for Brooklynites living with mental illness. While all members in the program have a history of mental illness, many of our members also face barriers like chemical dependency, illiteracy, housing and job insecurity. Members work through these challenges in our program, gaining greater self-esteem and fighting the stigma and social isolation associated with psychiatric illness.

Our unique, collaborative model allows members and staff to work side by side to run the daily operations of the Clubhouse, gaining essential life-skills that help participants in all areas of life. This clubhouse is accredited by Clubhouse International, which works to help people with mental illness achieve their social, financial, educational, and vocational goals.



# My Journey at Greater Heights Clubhouse

My name is Diane Wright, and I attend BCS Greater Heights Clubhouse at 980 Halsey Street. I'd like to share my story of success at the Clubhouse.

From 2017 to 2024, I was living in a very difficult situation in an apartment at 130-18 Liberty Ave, South Richmond Hill. During that time, I received absolutely no help from Transitional Services—despite being with that agency for eight years.

Eventually, I realized I needed support, so I reconnected with the Clubhouse. It was a turning point in my life. I had completely lost trust in Transitional Services, and to this day, I still struggle with that. But when I came back to the Clubhouse, I finally received the help I had been seeking for so long. With their support, I was able to leave that apartment and move into a much better place.

I'm truly grateful I returned to Greater Heights. The Clubhouse was there for me when no one else was listening. They gave me the support I needed and helped me take steps toward a better life.

Since returning, I've been active in arts and crafts—making keychains, necklaces, and bracelets. I was nervous about selling my products, but with the encouragement of Ms. Sabrina and the rest of the Greater Heights team, I was able to do it. That's what the Clubhouse is all about—helping and supporting members to achieve their goals.

An Article By: Diane Wright

### **When Spring Meets Summer**

The blossoms wave their last goodbyes, Beneath the soft and blushing skies. Spring lingers in a fragrant breeze, That whispers through the waking trees.

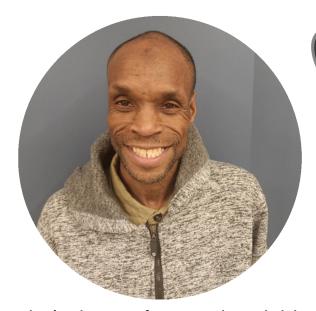
The tulips bow, the robins sing,
As bees hum low on golden wing.
A warmer sun begins to shine,
And ripens every branch and vine.
Green deepens into lush delight,
And days stretch long into the night.
Barefoot laughter, skies of blue,
The world feels fresh, the world feels new.

Spring hands the torch to summer's flame,

With joy that's wild and not the same. Yet in their meeting, soft and slow, Both seasons in their beauty glow.

A Poem By: Jennyflor Jean Louis Member of the Month Is...

## **Francis Moore**



Though a relatively new face at the Clubhouse, Francis has quickly become an essential part of our daily operations. From day one, he hit the ground running—showing up consistently, staying engaged, and taking real ownership of the space we all share. Whether sweeping, organizing, or lending a hand wherever needed, Francis approaches every task with professionalism, care, and an unmistakable pride in his work.

With a background in cleaning and maintenance, Francis brings valuable experience and a strong work ethic to our community. His dedication hasn't gone unnoticed—and with the help of the GHCH EEU team, he's recently been added to the list of potential call-backs for a cleaning position with NYC Transit, moving him one step closer to his career goal.

Francis's commitment, reliability, and infectious positive attitude make him a joy to work alongside. We're lucky to have him, and we're excited to see where his journey takes him next!

An Article By. GHOH Team



# From Concept to Controller: Barry Brings Brooklyn to Life in "The E-Bike Game: NYC Edition"

At Greater Heights Clubhouse, creativity often begins with curiosity—and for Barry, that curiosity led him to develop his very first one-player game: The E-Bike Game: NYC Edition. Fueled by his passion for biking and his love for the city he calls home, Barry turned an idea into a full-fledged gaming experience, thanks to his participation in Coursera's Introduction to Gaming course.

The course, offered through a partnership between the NYS Department of Labor and Coursera for individuals who are unemployed or underemployed, provided Barry with more than just online lessons—it opened the door to new possibilities. As an artist with a keen eye for photography and a natural gift for freehand drawing (especially cars), Barry brought his visual skills and storytelling ability into the digital world.

In The E-Bike Game: NYC Edition, players take on the role of a determined delivery rider navigating the streets of Brooklyn. With a low battery and a critical delivery to make from East New York to Atlantic Mall, then back to Broadway Junction, the game challenges players to dodge potholes, outwit traffic police, weave through cars, and avoid pedestrians. The stakes are high, and the energy is electric—even if the bike's battery isn't.

"Creating the game was challenging," Barry shared. "And I enjoy when I got high reviews from other gamers. It validates my idea as a good idea."

Barry's journey is a testament to the power of community-based support and the importance of safe, creative spaces like those found at Greater Heights Clubhouse. By offering structure, access to resources, and a culture of encouragement, the Clubhouse allows members to explore their interests at their own pace. For individuals living with mental illness, this approach is transformational. It not only builds skills but also reinforces self-worth, identity, and motivation—all of which are critical to long-term recovery and wellness.

Barry's success isn't just measured by the game he created, but by the confidence and inspiration he gained in the process. He's already registered for his next Coursera course and is working on his follow-up project, Breakdown, a conceptual game exploring the global fallout of a world without electricity.

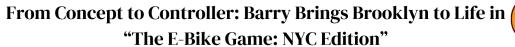
The future is bright for Barry—and if his games are any indication, he's just getting started.

Read the full interview with Barry below to learn more about his journey into game development and his hopes for the E-Bike Game.

An Article By: Sabrina Garcia



### **Featured Interview**



Barry sat down with us to share his insights on the course, his process, and what he hopes others will take away from both the game and the learning experience.

What were your initial expectations when you started the "Introduction to Gaming" course on Coursera, and how well do you feel the course met those expectations?

Well I expected more technical work. Its been building a game and now writing. With this one there is no technical work. I did not expect the game was mostly like writing a story.

Can you share one or two key concepts or skills you learned from the course that you found particularly valuable or surprising?

You have to make a story that is like an event that you are doing something and things happen on the way to what you are doing. The game plays out real life events and you have to use a dice to play out what to do. And playing the game, you add to the story. Using the main part of the story, you can change what is the beginning or the end. The developer creates the main and you do the rest regarding playing the game out.

Were there any parts of the course that you found challenging or confusing? I guess he writing. I am not the best at putting words down on paper and figuring out how many words to use. If so, what suggestions would you have for improving those sections? Minimizing the amount of writing

How has completing this course influenced your interest in gaming, whether from a development, design, or player perspective? I enjoy doing well on the test. It's something that I can use to create. I feel like I got something and on the road to receiving a final certificate.

Would you recommend this course to someone new to gaming or game development? Yes, I would recommend this. Why or why not, and what advice would you give them before starting it? It can provide them ideas and let them know what goes into game creation.

What would you like to accomplish? I would like to finish the game and actually increase awareness about and traffic to my game so it can actually be played.

By Barry Brownstein





### My Experience at Brookdale Hospital

On Friday, January 12, 2024, while I was at the Greater Heights Clubhouse in the afternoon, I got a call from Joan Seaborne telling me to come home right away. I got on the B17 bus, which took me to Canarsie, and I went straight home. When I got to the house, Joan told me to get ready and put my coat on. I knew something was very wrong. Joan and Megan got in the car and drove me to Brookdale Hospital. When we arrived, Joan came inside with me to get me admitted. Once I was admitted, the staff asked me to put my belongings in a bag and change into a hospital gown. At first, I was placed in a room by myself, but later a doctor said they needed that room for two male patients, so I was moved and given a roommate. I was on the 8th floor.

As I settled into my bed in the hospital gown, the doctors came to introduce themselves. They asked why I was there, and I told them it was because my blood count was low. They gave me two pints of blood, which I needed in my system. One of the nurses also gave me an antibiotic pill and checked my blood pressure and temperature. I stayed in the hospital for eight days to make sure everything was okay. While I was in bed, I thought about going home on Friday, January 19, 2024. Each day, I was served breakfast, lunch, and dinner. At night, I received antibiotics three times a day and had my vitals checked.

Joan Seaborne called me the next day to check in. She asked if I was okay, and I said yes. After the call, I put my phone in my bag. One of the nurses named Sur came to my bed and asked why I was in the hospital. I told him my blood count was very low, and he said he would run some tests.

The next morning, I had my breakfast and orange juice. After I finished, the nutritionist came to take my tray. Like every day, the nurses checked my blood pressure and temperature regularly.

Later, Joan and Megan came to visit me. They brought me a comb and some clothes, but the hospital wouldn't allow outside clothes, so they had to take them back home. After they left, I combed my hair and put it in a ponytail.

The next day, someone brought a rolling bed to take me downstairs for an MRI. They wheeled me to the 4th floor and asked me to wait. When it was my turn, the nurse helped me onto the MRI table and placed something on my stomach to take pictures. When the MRI was finished, they brought me back to the 8th floor.

Finally, on Friday, January 19, 2024, I was ready to go home. Joan and Megan brought me clothes to change into. After I got dressed and put on my coat, we left the hospital. We walked until we found Megan's car, then drove straight home to Canarsie.

The End





### Searching for Housing in NYC and the **Surrounding Areas**

#### Make a wish list

Make a list of all the things you want in a home.

Home means something different to all of us, so this list can be pretty personal. If you have a disability, it might be really, really important that you have a building with an elevator. If you are living alone, you may feel more comfortable in a neighborhood where there's more foot traffic at

Whatever it is, circle the things that are most important to you so you know what you truly want.

#### Schedule a tour

Check out a listing in-person before committing to it. Ask the property manager about everything.

Checking out properties takes time, so give yourself time to make a thoughtful decision.

Below is a checklist to keep in mind as you view places.

#### **Rent & Finances**

Rent (Any deals?)

Utilities (If they aren't included in rent, what is their average monthly

Security deposit (How much is owed/is it being held in an interest bearing account?)

Application fee

Move-in fee

Pet fee

Extra fee for amenities and trash? (Do you have to pay more for gym or pool access?)

Penalty for early termination of the lease?

### **Utilities & Amenities**

Electricity/Gas (How are your appliances powered?)

Heating/Cooling (How well will your unit retain warm or cool air?)

Cable/Internet (Which providers service your unit?)

Trash (How often is trash picked up? Is recycling included?)

Laundry (If not in-unit, how do you pay for it?)

Package delivery (Is there a package receiving system?)

Does the kitchen have essential appliances? Fridge, stove, oven, microwave

Does your building have storage options?

Are pets allowed?

#### **Security & Safety**

How many secure/unsecure entrances are there to the building or home? really big landlord companies. (If you enter a code to access your building, how often is it updated?) Is there a history of pests?

Does the fire escape work and do the windows open?

#### Location

How close is the trash room? How close is the elevator?

Is parking included? If not, what are your options for street parking? How close are you to public transit?

If you work outside the home, how long is your commute?

#### **Working Condition**

Do the windows open easily? Do they lock properly? Are the screens in good condition?

Is the paint chipped or peeling?

Are there cracks, stains or bubbles on the wall or ceiling?

Do the lights work?

How many outlets are there and where are they located?

Do the drawers open and close? Are the hinges to cabinets and doors fastened properly?

Any strange smells?

If you can't see a place in-person you should try doing the tour with a property manager over video call.

You can also enlist a friend to check out a place for you in-person and do a call with them.

#### Stay within your budget

In addition to rent, there's utilities and rental insurance to factor in each month. There are also one-time fees like the security deposit, as well as application and move-in fees.

You can offset these costs by living with roommates or negotiating certain deals. If you negotiate, do your homework and come to the table with facts about the market. Landlords may be more or less open to cutting you a deal depending on what's important to them.

### Read the fine print

Water (How is the water pressure? How long does it take for hot water to Don't just eyeball and sign your lease – read it. A lease is a contract between a tenant and landlord and the guiding principle when you rent an apartment or rent a house.

> Keep an eye out for hidden fees. Is there a penalty for breaking your lease early or paying your rent late?

Above all: know your rights as a tenant and understand what you're committing to.

### Investigate your landlord and know who to call if things go wrong

Search a landlord online before you sign with them. You can run their name through public search engines or city databases to assess whether their operation is legal and if they have a reputation for fair management. You might also want to read reviews online, especially for

If you think your landlord is trying to take advantage of you, or if they're not making repairs fast enough or responding to an emergency, your Working smoke detectors, carbon monoxide detectors, fire extinguishers? city may have a housing department or tenant advocacy group that can help.

An Article By: Sherman Harrison





# Advice for the new Director: an interview with Henry Johnson

I sat down with Henry Johnson, one of the original Clubhouse members, to get his advice on what it takes to be a good Clubhouse director.

Henry joined the Clubhouse in 1995. At that time Ned was the director. The Clubhouse had a family feeling back then, everyone was working or going to school and doing something at the Clubhouse. The second director was Beth Shultz, she was the best. Beth taught the members about ICC standards, how the Clubhouse runs and should be run. Beth was great, great to talk to. Beth educated the members on Jewish history. She was a hands-on person, would talk to everyone and see what was going on. She did not stay behind her desk, she was out there. Beth had a great assistant director named Terry who was funny. He was a snazzy dresser. He would say "Tell the truth and say what you are. You are what you are". Blaise Sackett was the third director. Blaise and Henry did not hit it off in the beginning, but Henry got to like him. Blaise loved the Clubhouse and ran it with an iron fist.

The 4th director was Katrina Grant who worked her way up to director. She was very familiar with the members and was like a big teddy bear. Katrina had a great smile and always had an open door for the members. When she had to make a big decision that concerned the members, you could see it in her face, it was hard, like suspending a member, but she had to do it. She was a fun person and listened to Henry's stories.

Pam is the 5th director. Henry says it takes about a year to really know a director. Most of the time they are in the office doing what has to be done to run the Clubhouse. So you have to keep coming in to talk to them.

Henry recommends the job and it is a satisfying job to have. The Clubhouse saves a lot of people. Without the Clubhouse, the members would not have anything.

Henry's advice to Pam is: Be open. Listen to the members. And make your own decisions. Find what you like and grow with it!

An Article By: Pam Guigli de Henry Johnson



# **April 2025 Employment Dinner**PLANTING SEEDS OF SUCCESS

On Thursday, April 25th, Greater House Clubhouse hosted its April Employment Dinner under the vibrant theme: **"Planting the Seeds of Success."** With over 25 members in attendance, the evening was a powerful reflection on how small, intentional steps can grow into meaningful opportunities.

The dinner began with a comforting, homemade lasagna prepared with love by member Bianca, setting the tone for a night of warmth, encouragement, and inspiration. EEU staff Sabrina Garcia delivered an engaging PowerPoint presentation that explored how the metaphor of planting seeds applies to all areas of life—from personal growth to career planning.

A standout moment of the evening came when GHCH members **Isabella and Timothy** took the floor to share their journeys. Both are currently working at a Transitional Employment opportunity—roles they prepared for long before the jobs were available. By consistently showing up for the clubhouse work-ordered day, engaging in tasks, and building their skills, they had already "planted the seeds" that made them ready when opportunity came knocking. Their stories reminded everyone that consistency and participation are key to success.

Each attendee was then invited to write down a personal goal on a seedling-shaped card, representing something they want to grow—whether it's confidence, a job, or a new skill. These cards will be symbolically "planted" in the GHCH community garden later this spring, serving as a visual reminder that growth starts with a simple intention. The evening concluded with community sharing, smiles, and support as members voiced their goals and encouraged one another. At GHCH, we believe that when seeds are planted with care and nurtured through action, success will bloom.

Stay tuned for May's dinner, themed "Mental Health & Work Life Balance."







### Greater Heights Clubhouse Basketball Game Fun

Our members had an amazing time getting active and building teamwork during a fun basketball game supervised by Sabrina Garcia. It was a great opportunity for everyone to show their skills, support each other, and enjoy some healthy competition. Moments like these remind us how important community, fitness, and friendship are to our Clubhouse spirit!



### Lone

# Poems by Robinson Lorthe

**Breathe** 

The dead soul spirit
The eternal demise?
Heaven, pour your breath
So from the ashes I could rise

I seek spiritual truth
Sick of lowly lies
And I long for a feeling
Where I could feel alive

Heavens gates seem so far away
I've been waiting like every day
Trying to work at my craft
Build a future. But I am barely getting paid

And art is all the rage Went on an interview But I ultimately had to walk away and turn the page

> Because time was thin My energy below zero So I had to have compassion On the subject of a hero

And anonymous is the kindness Written alongside values Uniform, accused of disciplinary ties I lose interest in this plane of existence Makes me grow sometimes indifferent

Not a voice not a sound No support around Even though they are near and far I've gained a few scars

Hard to comprehend in a world cold as ice cream cones

Hesitant to call from my phone

Taught to enjoy being alone

From which I am healing
So I guess that's quite an image
A wounded soldier
Trying to watch his sinning

And I stay a little indifferent Cold seasons over But the wilderness is around me On a spiritual level

I watch out for devils While I walk this this path I know wisdom adds up Like I did the math

And I am not too brash
But if I could be honest
Loneliness is akin to the things said darndest

I harness a weapon called patience
To the best of my ability
I can't seem to remember the landmark where I was originally

This is dry.
This is fate
I fund for my future
And seek to pass heavens gates

### **Dryspell**

Woke up to a dryspell and I'm thinkin bout my future
How much I miss my creativity
I've drained so much of my energy
That I cannot remember what it was like originally

Just getting a lot of rest with rehabilitation
I've taken way too many vacations
I guess my stamina is not what it used to be
And I wonder if it's Because of my medication

I see all these artists doing great in their fields It makes me jealous You could tell me to look the other way But these are things I just notice

Its hard feeling like I am not enough
Amidst an industry that's supposed to be demanding
I don't want to rest extra
rndest
I just want to create





A few weeks ago my residence at Saint Francis took us to see a Broadway play called the Buena Vista Social Club. It was a Broadway Musical; about Cuban music getting better known.

The play took place during two different time periods, the 1950s and the 1990s. The play was about someone who wanted to produce a record of Cuban music and was trying to recruit various Cuban singers and musicians.

I liked the whole thing. The costumes, staging and dancing was very classy and the cast was very talented. The Musicians did a great job. I liked it so much that I would be happy to see it again. I would recommend it to anyone especially if you like Cuban music.







### **Another Update**

This is me, Delisa Bynum. I am so happy in the Clubhouse Program. My caseworker, Bianca, is helping me work toward my goal of finding a job.

My goal is to work at the front desk, answering the phone and being on time.

I have a lot of friends in the program, and that is nice for me

I am hoping to do better for myself and looking to the Lord to send me an answer to open a door for a job. I am going to keep praying on this, and I have faith that it will happen.

My daughter Makeba and I go to church every Sunday, where we sing in the choir. I am pleased to share that I will be getting baptized on June 29th, 2025, at the Open Door Church of God in Christ.









### **Coney Island Bound**

A walk down Ralph Avenue to the C
Rush down the stairs to the platform
Rear car packed with school bound students and riders headed to work
Doors open at Franklin
Up 4 flights of stairs to the waiting Shuttle
3 quick stops - Park Place, Botanic Garden,
Prospect Park
Sprint up the stairs to cross the platform to the O

Sprint up the stairs to cross the platform to the Q Sun streaked ride through tree lined tracks
The train turns at Brighton Beach and the ocean is in sight

Two more stops to Luna Park Down the stairs to Surf Avenue The waiting B36 headed to West 33rd

A Word from: Pam Guigli



### My Time as an Intern at Greater Heights Clubhouse

Being an intern at Greater Heights
Clubhouse has been an eye-opening and
meaningful experience. From the moment
I arrived, I was welcomed into a community
that values connection, creativity, and
recovery. I've had the opportunity to
support members in a variety of ways—
from helping with the newsletter and daily
programming to simply being present and
listening.

One of the most rewarding parts of my internship has been seeing the power of peer support and how much members inspire each other. Whether it's through sharing a meal, working in a unit, or planning events, there's always something happening that brings people together with purpose.

I've learned a lot—not just about the field, but about patience, compassion, and the importance of meeting people where they are. I'm truly grateful to the staff and members for allowing me to grow alongside them, and I'll carry the lessons and moments from this experience with me into my future work.

I can't wait for next semester!

An Article By: Jennyffor Jean Louis

# Sef-Care Corner

### Wellness Tips for Mind & Body

Mind & Emotion:

- ✓ Try deep breathing or grounding techniques to ease anxiety.
- ✓ Write down 3 things you're grateful for each day.
- ✓ Stay connected—talk to a friend or join a clubhouse activity.

### 6 Body & Wellness:

- ✓ Move in ways that feel good stretching, chair yoga, or a short walk.
- ✓ Drink plenty of water and eat foods that nourish your body.
- ✓ Get enough rest—set a bedtime routine to improve sleep.

### racine & Balance:

- ✓ Start your day with a small goal—it builds confidence!
- ✓ Take breaks when you need them, and practice self-kindness.
- ✓ Ask for help when needed—support is always available.

### **Embracing Mindfulness and Meditation**

Incorporating mindfulness and meditation into your daily routine can significantly enhance mental well-being, especially for individuals with disabilities and mental health challenges. These practices involve focusing your attention on the present moment, acknowledging your thoughts and feelings without judgment, and fostering a sense of calm and clarity. Benefits:

- Stress Reduction: Regular mindfulness can lower stress levels and promote relaxation.
- Enhanced Emotional Health: Meditation can improve self-awareness and emotional regulation.
- Improved Focus: Practicing mindfulness can increase attention and concentration.

### Getting Started:

- 1. Find a Quiet Space: Choose a comfortable, quiet spot free from distractions.
- 2. Set Aside Time: Dedicate a few minutes each day to practice; consistency is key.
- 3. Focus on Breathing: Concentrate on your breath, observing each inhale and exhale.
- 4. Acknowledge Thoughts: Notice your thoughts without judgment, then gently return focus to your breathing.

Remember, mindfulness and meditation are skills developed over time. Be patient with yourself and embrace each session as a step toward greater mental clarity and emotional well-being.





# Happy Birthday!!

### **April Birthdays**

4/01 Tracey S

4/01 Johannerys F

4/04 Darlene H

4/04 Seymour E

4/04 David W

4/06 Olubunmi H

4/07 Felicia N

4/09 Reginald J

4/10 Phillip A

4/13 Lavelle L

4/13 Gwendolyn A

4/15 Cassandra S

4/15 Delisa B

4/16 Nicholas R

4/20 Anthony R

4/20 Tenzin S

4/20 Tom M

4/23 Francis M

4/25 Ann S

### **Upcoming May Birthdays**

5/01 Isaiah B

5/01 Isabel P

5/03 Thomas R

5/03 Daniel F

5/04 Bianca S

5/05 Samuel K

5/05 Allan E

5/06 Eric T

5/08 Patricia O

5/09 Ruan V

5/10 Josephine R

5/12 Shanequa A

5/12 Elena T

5/15 Desmond

5/17 Evans S

5/18 Matthew S

5/19 Johanna S

**5**/19 Leora M

5/20 Joel V

5/23 Yvonne T

5/28 Robert P

5/28 Sabrina K

5/30 Jonathan R

5/30 Esther G



# **Upcoming May Events**



### May 18 (Sunday): NAMI-NYC Walk

- Time: 11AM 2PM
- Location South Street Seaport
- NAMI Walks NYC + Mental Health Street Fest is the nation's largest mental health event
- GHCH Team Page: bit.ly/3EP1pXH





### May 19 - May 23 : Clubhouse Week of Action May 21 (Wednesday): GHCH Economic Empowerment Expo

- Time: 9:30 AM 3:00PM
- Location: GHCH
- 13<sup>th</sup> Annual Expo combines community partners to showcase and share resources and supports to member community



### May 26 (Monday): Memorial Day Barbecue

- Time: TCD
- Location: TBD
- Celebrate Kick-Off of Summer with Bar-B-Que







# May 29 (Thursday): Monthly Employment Dinner – "Mental Health & Work-Life Balance"

- Time: 5:30 PM 7:00 PM
- Location: GHCH
- Activity: My Balance Wheel Reflect on areas of work-life balance
- Dinner: Chicken Primavera & Spring Salad



- Time: 3pm
- Location: GHCH
- Come cut a cake in celebration of all the May 2025 Birthdays







# **Information Page**

### BCS Greater Heights Clubhouse (FKA East NY Clubhouse)

The primary goal of BCS Greater Heights Clubhouse is to assist our members in their process of recovery from the effects of persistent mental illness and social barriers. We strive to help people to integrate more fully into their communities and to live more independent lives. Our ability to succeed depends on the generosity of the wider community.

If you would like to support our cause, please contact us by email: greaterheightsclubhouse2697@gmail.com

Donations can be sent to:

### BCS Greater Heights Clubhouse at 980 Halsey Street Brooklyn, NY 11207.

FYI: Checks must be made payable to **Brooklyn Community Services**. PLEASE identify that funds are dedicated to the BCS Greater Heights Clubhouse. Thank you! BCS Greater Heights is dedicated to the principles of self-help, peer support, employment training

BCS Greater Heights is dedicated to the principles of self-help, peer support, employment training and placement, by focusing on our Members individual strengths and talents.

**Important Note:** Currently our hours of operation are Monday thru Friday 9AM to 8 PM and every Saturday from 9AM to 5PM. Additionally, we will continue to operate a virtual platform for remote participation at specific prescheduled times.

For more info, Visit us on the web:

https://wearebcs.org/what-we-do/services-for-people-living-with-disabilities/greater-heights-clubhouse/



### **BCS, Greater Heights Clubhouse**

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