



The BCS Greater Heights Clubhouse is a community-based rehab program for Brooklynites living with mental illness. While all members in the program have a history of mental illness, many of our members also face barriers like chemical dependency, illiteracy, housing and job insecurity. Members work through these challenges in our program, gaining greater self-esteem and fighting the stigma and social isolation associated with psychiatric illness. Our unique, collaborative model allows members and staff to work side by side to run the daily operations of the Clubhouse, gaining essential life-skills that help participants in all areas of life. This clubhouse is accredited by Clubhouse International, which works to help people with mental illness achieve their social, financial, educational, and vocational goals.

MEMBER OF THE MONTH ADAM FULLAN



A longtime Member of the East New York / Greater Heights Clubhouse Adam Fullan has always brought a great spirit and positivity to our Clubhouse. He has been very invested in the recreational Program and has helped to organize field trips that have allowed us to do things, such as us going to the Mental Health Film Festival. Adam has always been a very kind person and has shared his knowledge of Rummikub and Scrabble to teach members and Staff how to play and enjoy these games. People look forward to spending time with Adam and he has great appreciation for making friends within the Greater Heights Clubhouse. Adam has contributed some great articles to the Newsletter and also was able to speak at the save the Clubhouses rally at City Hall last January. When asked, Adam is always ready to contribute something to the Clubhouse. Beyond all of that, simply put, Adam is a great guy. For these reasons and more we would like to announce that Adam Fullan is our Member of the Month for December of 2024.



JANUARY BIRTHDAYS



1/1 AKTER M

1/1 ROSE K.

1/2 ANDREA P.

1/2 KEVIN F.

1/3 CARLOS C.

1/8 OSCAR M.

1/12 YUMEDYS G.

1/15 ELVIN M.

1/15 STEVEN W.

1/15 NYANEN D.

1/24 NILES G.

1/26 DAVID V.

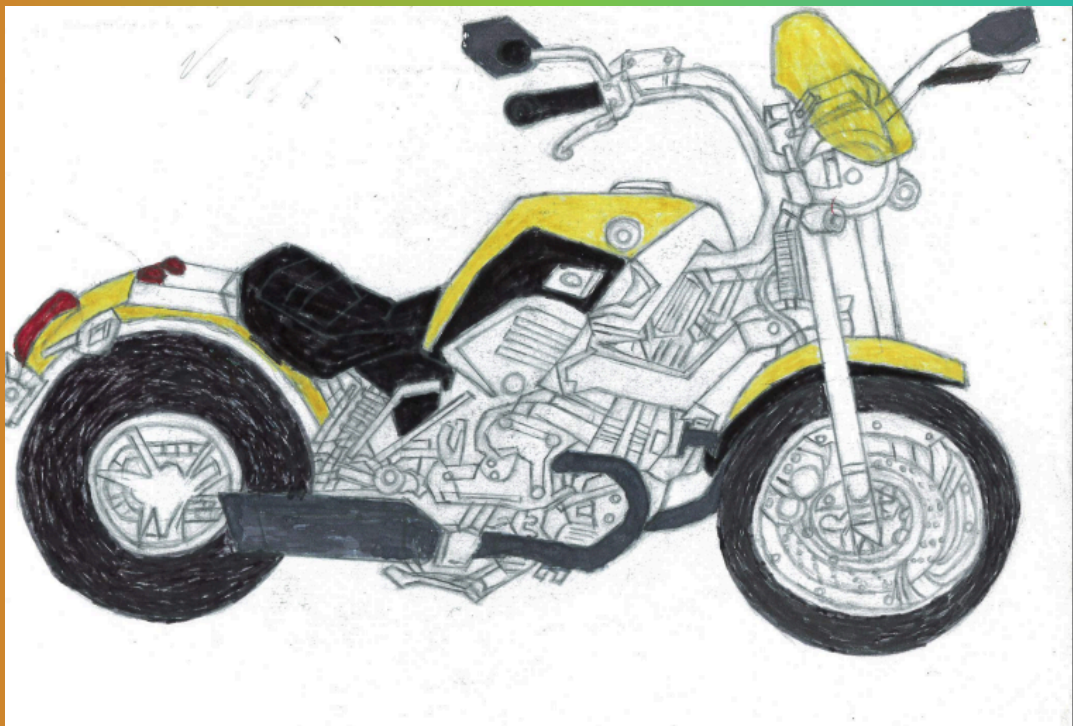
1/29 JOHN S.

1/30 JOY D.

MEMBER ARTWORK

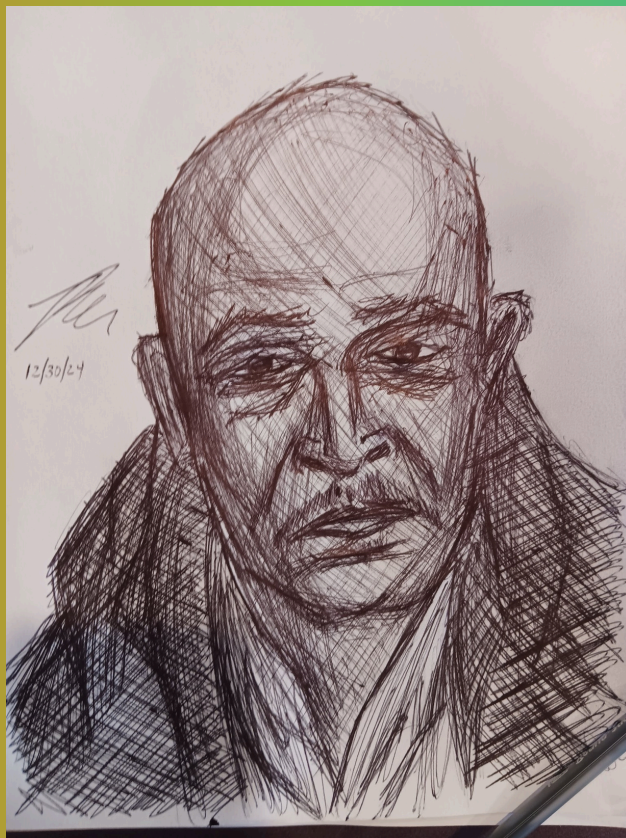


ART



ART

BY: ROBINSON L.



**If i could hold you, i would let you know,
Not just a cold dude, but ill take it slow
So slow, ill have you making the first
move**

**You would swear that i found back my
groove**

**You see, if you ask me im a lover of sorts
I wouldnt treat you like another cohort,
Its crazy, how much time has passed me
by**

**But maybe in the long run i grew more
wise**

**To sense emotions, ill do it from time to
time,
Heal you like a potion, just listen to my
rhymes**

**I want to hold you, but truly its a crime
By my standards, i should want for you a
soft landing**

**But at the same time, cant help loving
my life**

**I have been this long without a lover or
wife, only me, dont know if i would trade
it**

Only succeed and money recreating

- Robinson





**Lost soul. Worried bout the future.
I dont know what it holds or if it would suit ya,
To detach from my friendship
It ends with
The fact that i dont care, cant mend it**

**Pending lyrics about a relationships disaster
Quitting dreams of being a freestyle master
Had hope for the future but it all falls down
Like sweat trickling from the forehead of a pastor**

**Maybe hes a hypocrite or maybe covered in sin
Whats it cost for a victory or a win
For what shall it profit a man to gain the world and lose his
soul,
Simply just trying to win**

**Its shameful. The amount of disdain bro
That i feel while im on this cloud 9: peace edition
But theres no peace for this christian
Just chaos if you listened**



**SO CONFUSED, I THINK I REALLY AM,
BECAUSE ITS EITHER SAVED AND RICH OR
BROKE AND DAMNED
HOW MUCH I WANT TO SHUT UP DISTANT FAM,
FROM THE SMACK THEYRE TALKING, IT'S ALL A
DIRTY SHAM**

**TRUTHFULLY, I WANT TO WIN AT LIFE
BUT MAYBE I DONT KNOW ME,
MAYBE ITS A RESPONSE TO TRAUMA
MAYBE ILL TRAVEL AND SING WITH GLEE**

**OR MAYBE MY DRAWINGS WILL GET BETTER
MAKE MONEY AND ACCUMULATE CHEDDAR
MATERIALISTIC FANTASIES
COMBINED WITH SELF SEEKING GLORY
OH WHAT A VAIN STORY**

**THE SCENE IS GETTING GORY
AS I SLAY WITH THE PAPER AND PEN
I DONT WANT TO TAKE THIS TOO FAR
MAYBE ITS NOT TOO LATE TO REPENT
THE GOSPEL OF MY GOD IS SUPPOSED TO BE
IMPORTANT
BUT THESE MONEY MAKING FANTASIES ARE
TEMPTING ME TOWARDS SCORING**

MY TRIP TO THE MUSEUM

ADAM, DORIS & CHRIS



MY VISIT TO THE MUSEUM OF NATURAL HISTORY WITH CHRIS & DORIS

This past Saturday, I went to the Museum of Natural History for the second time in two weeks. I went two weeks ago with Shreece and Sam and I went this time with Doris and Christopher. We met at the Clubhouse on Saturday morning and played rummy cube then left at 11:30. We took the J train from Halsey Street to Broadway Junction and took the C train to 81st and the museum is there. We saw the IMAX film, A Turtle Odyssey narrated by Kurt Russell. We enjoyed the film. It is about Bungee who is a sea turtle who is born in the country of Australia and has to learn to survive. She goes into the ocean and has to be careful of great white sharks and other predators who want to injure and or kill her. The screen is 40 feet high by 66 feet wide. We enjoyed the film

Then we saw the Planetarium show Worlds Beyond Earth. The planetarium is a space theater where you sit on a seat that reclines back and you look into the dome. The planetarium can seat up to 429 guest. We enjoyed the show.

Then we saw the Big Bang Show. You stand in the theater the dome is in the floor, This 5 minutes show talks about the beginning of the universe. the show is narrated by Liam Neelson. We enjoyed the show as well.

Then we saw the elephant exhibit and also enjoyed that as well. I have a membership for the museum which admits me and four other people in for free for the IMAX, planetarium, and the exhibits you have to pay for. It gives discounts or the cafeteria, and the gift shop there.

Doris' mother made tuna fish sandwiches for the three of us to have for lunch and we had lunch before we left the museum.

So two Saturdays I went to museum with members of the clubhouse. I am happy I became friends with members from the clubhouse.

Christmas Party



On Christmas Eve December 24th the Greater Heights Clubhouse held a fantastic Holiday celebration party. The Food Service Unit prepared an amazing festive meal and we had a great turnout for the event. Baked Chicken, Ham, Lasagna, Mac and Cheese, Rice and beans, mixed vegetables and tossed salad along with a fabulous fruit punch were served.

Greater Heights Clubhouse Member Leora Miller's boyfriend Don Turner did an amazing set of original live music. He sang, played the guitar and the harmonica and was accompanied by his friend Steve Mandracchia on vocals.

In the cafeteria, our great Clubhouse Member Omar D. James performed a number of his wonderful songs live and his beautiful voice lifted everyone's spirits.

In addition to the live music performances, there was dancing, fun games played like Rummy Cube and delicious desserts were served. It was really a wonderful event and was a perfect way for us to all share in the holiday joy.



US Election 2024

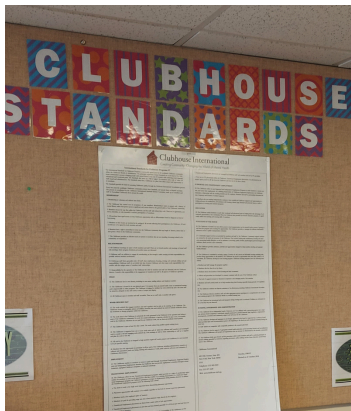
The 2024 United States elections were held on Tuesday, November 5th, 2024. In the presidential election, former President Donald Trump, running as the Republican nominee, defeated the incumbent Democratic Vice President Kamala Harris. Republicans gained control of the Senate and held narrow control of House, winning a government trifecta for the first time since 2016.

Voters consistently cited the economy as their top issue in the 2024 election. Following the COVID-19 pandemic, a global surge in inflation ensued that raised prices on many goods, though the U.S. inflation rate had declined significantly during 2023 and 2024.

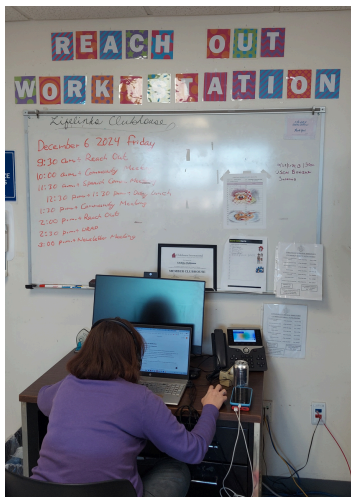
Democrats outperformed Biden's results in the 2020 U.S. presidential election in several 2022 House special elections, with abortion cited as a major contributor to their victories. Then during the 2023 elections, both Democratic and Republican operatives attributed the Democrats' overperformance streak to the growing bipartisan support of broad abortion rights in the wake of Dobbs decision. Thus, many conservative political analysts and commentators called a continued Republican alliance with the anti-abortion movement "untenable" and an "electoral disaster", and urged the party to favor abortion rights.



Visit to Lifelinks Clubhouse

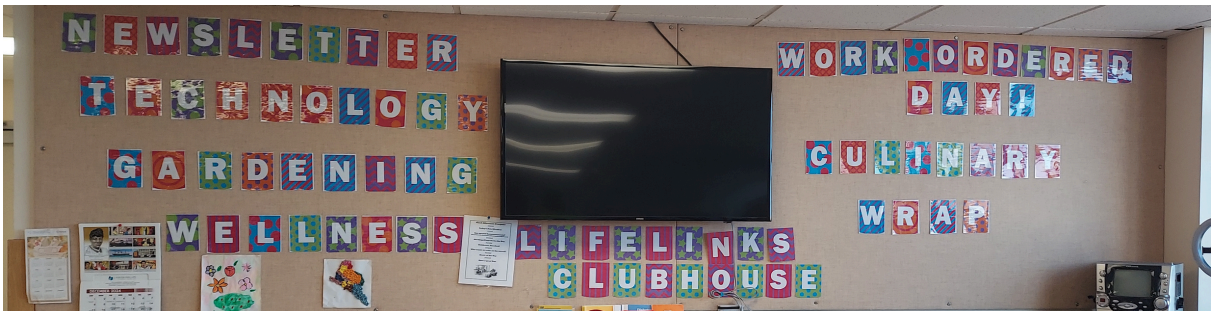


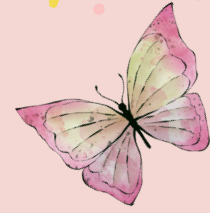
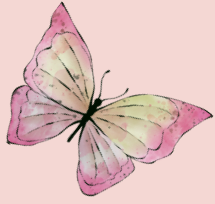
On December 6th 2025 Greater Heights Clubhouse Staff Bill Lampert, paid a visit to the Lifelinks Clubhouse in Elmhurst Queens. Lifelinks Clubhouse is a community based Clubhouse and is run under the auspices of the New York City Health and Hospital Corp. It has a cozy space located inside of Elmhurst Hospital.



Lifelinks has a vital and dedicated Membership and its Director Dice Cooper and Staff Marquita Mitchell are terrific Clubhouse people. While there, Bill got a great tour, was able to engage in the Food Service area and helped serve a delicious lunch. Also he was able to sit in on an afternoon unit meeting and got to see firsthand how dedicated the Members are to their Clubhouse.

For a number of reasons, Lifelinks was not one of the NYC Clubhouses that was contracted through the RFP process. They were saved by the NYC Council through last minute discretionary funding. That all said, a visit to their amazing Clubhouse is all one needs to know how necessary and important Lifelinks is to the Mental Health Wellness of their community. Here is hoping that 2025 will be bring the funds for them to keep their wonderful Clubhouse running.





Welcome

Heavenly Justice

Moody



The Greater Heights Clubhouse wants to give a warm welcome to the world to Heavenly Justice Moody new born daughter of our Member Tawanna Moody.

Heavenly was born on Friday December 27th, 2024 at 8:15 AM. She was 4 Lbs. 9 ounces at birth and eighteen inches long. May Heavenly be blessed with wonderful health and all of the best things that life can offer!



You Can't Keep a Good Woman Down- Juanita Mills

How you? Fine, I hope this leaves me doing well. before I came into the army I was gaining a lot of weight and getting jittery from making all those dumb movies. But now I exercise, eat right, and get plenty of rest. I'm more awake than I've been in two years. I wonder if you are writing any more songs? My mother and father were not married. I never knew him. my mother must have loved him, though; she never talked against him when I was little. It was like he never existed. We lived on Poultry Street. Why it was called Poultry Street I never knew. I guess at one time there must have been a chicken factory somewhere along there. It was right near the center of town. I could walk to the state capitol in less than ten minutes. I could see the top of the capitol building was gold from the front yard. When I was a little girl I used to think it was real gold, shining up there, and then they bought an eagle and put him on top, and when I used to walk up there I couldn't see the top of the building from the ground, it was so high, and I used to reach down and run my hand over the grass. It was like a rug, that grass was, so spray and silky and deep. They had these big old trees, I never told Mama. I thought that would be the end of it. But about two days later, on my way from school, he stopped his car again, and I got in. this time we went to his house; nobody was there. And he made me get into his wife's bed. After we'd been doing this for about three weeks, he told me he loved me. I didn't love him, but he had begun to look a little better to me. I think because he was so clean. He bathed a lot and never smelled even alive, to tell the truth. Or maybe it was the money he gave me or the presents he bought. I told Mama I had a Job after school babysitting. And she was glad that I could buy things I needed for school. But it was all from him. pleased! Why, it's what Mama would have wanted, a good education for little Sarah; and what dad would have wanted too, if he could have wanted anything after Mama died. You were always smart. When you were two and I was five you showed me how to eat ice cream without getting it all over me. first, you said, nip off the bottom of the cone with your teeth, and sink the ice cream. I never knew how you were supposed to eat the stuff once it began to melt."



Elizabeth Street Garden - Barry B. and
Isabella T.



I really like the park. When I'm at the park I feel, peaceful, serene, and calm. I went to the liyasa community park in Mnahattan. I have heard good reviews about it and wanted to see for myself. I want to see it more often so keep the park in the community. They have landmarks such as lions, and statures of people. And, lastly places to mingle. The park shouldn't be shut down. Many people love it Hope they keep the park up and running cause the community loves it.

Sports - Chris H.



Hello everyone, this is Christopher Hankins coming to you with a sports analysis. First off I would like to start off with the New York Mets making a record breaking deal with Juan Soto, signing him for 15 years worth \$765,000,000. That is the biggest deal the Mets have ever made to anyone in franchise history. Juan Soto will be teaming up with a number of other players trying to win a World Series Title, it would be the first world series title since 1986 for the New York Mets. In other sports news the College Football Playoffs have been set and Oregon has the top spot, the playoff format has been expanded so it should make for an exciting experience. Georgia, Boise State, and Arizona State rounds out the top four spots. Penn State comes in at number six and will face SMU in its first College Football Playoffs matchup. Arizona State will face the winner of the number 5 and 12 matchup, which is Texas being number 5 and Clemson being number 12. Oregon will face the winner of the matchup between number 8 Ohio State and number 9 Tennessee. Boise State, who is ranked number 3, will face the winner of the 6 Penn State versus 11 SMU matchup. Number 2 Georgia faces the winner of 7 Notre Dame versus 10 Indiana. Those games will be followed by 2 semi final games on the 9th and 10th of January and the Championship game on January 20th. And in other news, the NBA in season tournament is going on right now. The New York Knicks have been eliminated by the Atlanta Hawks and the Houston Rockets defeated the Golden State Warriors. Chris Paul, known as CP3 is now second all time on the NBA's assist list. In the NFL, the National Conference is topped by the Detroit Lions, who has a 12 and 1 record. In the American Conference, the two time defending world champion Kansas City Chiefs are on top. They also has a 12 and 1 record but have had to win a lot of close games along the way.





Andrew Stiff

**August 5, 1969 - November
9, 2024**

Forever in Our Hearts

We are profoundly sad about the recent passing of our longtime Clubhouse member Andrew Stiff. Andrew was a great friend to so many here, had an encyclopedic knowledge of sports and especially music, and was a mainstay as our D.J. for so many Clubhouse events and celebrations. We were blessed to know him and his loss is felt by so many of us here at the Greater Heights Clubhouse.

BCS Greater Heights Clubhouse (FKA East NY Clubhouse)

The primary goal of BCS Greater Heights Clubhouse is to assist our members in their process of recovery from the effects of persistent mental illness and social barriers. We strive to help people to integrate more fully into their communities and to live more independent lives. Our ability to succeed depends on the generosity of the wider community. If you would like to support our cause, please contact us by email:

greaterheightsclubhouse2697@gmail.com

Donations can be sent to:

**BCS Greater Heights Clubhouse at 980 Halsey Street
Brooklyn, NY 11207.**

FYI: Checks must be made payable to **Brooklyn Community Services**. PLEASE identify that funds are dedicated to the BCS Greater Heights Clubhouse. Thank you!

BCS Greater Heights is dedicated to the principles of self-help, peer support, employment training and placement, by focusing on our Members individual strengths and talents.

Important Note: *Currently our hours of operation are Monday thru Friday 9AM to 8 PM and every Saturday from 9AM to 5PM. Additionally, we will continue to operate a virtual platform for remote participation at specific prescheduled times.*

For more info, Visit us on the web:

<https://wearebcs.org/what-we-do/services-for-people-living-with-disabilities/greater-heights-clubhouse/>



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